

held to a higher standard. Student athletes regardless of age during their time as a student athlete are not allowed to consume alcohol at any time. The athletic department supports the full development of all student athletes and believes that alcohol does not support the full development of an athlete, further it does not support the highest level of physical development & potential achievement for a student athlete. Student athletes traveling on team mission trips, or who are participating in Go Study or Exchange programs, are to be under the athletic department community lifestyle statement for the duration of the trip. Student athletes who are 21 or older and are a member of a Grace athletic program are encouraged to communicate with their head coach regarding any specific summer trip, job or individual experience that needs to be discussed regarding alcohol being present at an event.

The success of any operation requires teamwork and cooperation. Teamwork includes working by a common set of work rules and standards. You are expected to conduct yourself at all times in a manner that promotes the health and safety of all members of your athletic program. You should protect the integrity of the players, coaches and team at all times. This guideline is an example of our desire as an athletic department to build champions of character and assist achieving the highest level athletic performance & growth while playing for Grace College. New guidelines may be established whenever necessary.

#### DISCIPLINE INFORMATION:

Student athletes who violate the tobacco, alcohol and substance use policy will be disciplined both by student life and the athletic department who work in conjunction together.

First Offense: 2 game suspension (based on the number of games scheduled for the season), mentorship by a coach, teammate, faculty, or member of the community agreed upon by the coach, athletic director and dean of students. The student will also fulfill additional expectations set forth by the coach and student life. A meeting with the coach, athletic director and student will take place and parents will be informed.

Second Offense: Half of the athletic season suspension (based on the number of games scheduled for the season) and temporary dismissal from the team or practice is possible. The student will also fulfill additional expectations set forth by the coach and student life. A meeting with the coach, athletic director and student will take place and

Third Offense Dismissal from the team for 1 year and potential dismissal from Grace College.